

HOW'D YOU LIKE TO BE



There's no question about the
COLD FACT
that we do the best printing
in this town.

N & W Norfolk & Western
RY.

SCHEDULE IN EFFECT, JUNE 11, 1911

LEAVE BUENA VISTA

2.30 p.m.—For Bristol and Intermediate stations. Pullman sleeper and Dining Car to Roanoke. Parlor car Roanoke to Bristol. Connects at Roanoke with St. Louis Express for all points West. Pullman Sleeper Roanoke to Columbus, and Cincinnati Cafe Car.

7.05 a.m.—For Roanoke, Bluefield, Pocahontas, Norton, Winston-Salem, Charlotte, Welch and intermediate stations. Pullman Sleeper to Gary. Cafe Dining Car connects at Roanoke with Memphis Special for Chattanooga, Nashville, Memphis.

1.57 p.m.—For Hagerstown, Philadelphia, New York. Pullman Sleepers via Hagerstown for Harrisburg, Philadelphia and New York. Dining Car to Hagerstown.

8.30 p.m.—For Hagerstown, Philadelphia and New York. Pullman Sleeper to New York, Cafe Car.

Rates, time tables and information cheerfully furnished upon application to Agent N. & W. Ry.

W. B. BEVILL,
Gen. Pass. Agt. W. C. SAUNDERS
Roanoke, Va. Asst. Gen'l. Pass. Agt.
Jan. 13 '09

Baltimore & Ohio R. R.
TO THE
STATE HORTICULTURAL
ASSOCIATIONHARRISONBURG
January 10 to 12

Tickets will be sold on above dates at
\$2.95 ROUND-TRIP FROM
LEXINGTON
Good returning until January 18

Electric
Bitters

Succeed when everything else fails.
In nervous prostration and female
weaknesses they are the supreme
remedy, as thousands have testified.
**FOR KIDNEY, LIVER AND
STOMACH TROUBLE**
It is the best medicine ever sold
over a druggist's counter.

HOLLISTER'S
Rocky Mountain Tea Nuggets

A Busy Medicine for Busy People.
Brings Golden Health and Renewed Vigor.
A specific for Constipation, Indigestion, Liver
and Gallen troubles, Pimples, Eczema, Itch-
ing, Headache, Neuralgia, Rheumatism, Headache
and Backache. Its Rocky Mountain Tea in tab-
let form, 35 cents a box. Genuine made by
HOLLISTER'S DRUG COMPANY, Madison, Wis.
GOLDEN NUGGETS FOR SALLOW PEOPLE

Foley
Kidney
Pills

What They Will Do for You

They will cure your backache,
strengthen your kidneys, cor-
rect urinary irregularities, build
up the worn out tissues, and
eliminate the excess uric acid
that causes rheumatism. Pre-
vent Bright's Disease and Dia-
betes, and restore health and
strength. Refuse substitutes.

B. H. CORRELL

THE TRUE TEST

Tried in Lexington. It has stood
The Test

The hardest test is the test of time,
and Doan's Kidney Pills have stood it
well in Lexington. Kidney sufferers can
hardly ask for stronger proof than the
following:

T. E. Dulaney, Lexington, Va., says:
"I am glad to verify every word of the
public statement I gave two years ago
recommending Doan's Kidney Pills
and I can say that it gave a correct
account of my experience. I have
induced many other people to use
them and I have heard nothing but
good reports. My back was in bad
shape and was obliged to remain in bed
for three days. When I did get up, I
could not walk unless in a stooped
position and then I endured agony.
I also had a great deal of trouble from
the kidney secretions. Finally I got
a box of Doan's Kidney Pills and the
contents greatly helped me."

For sale by all dealers. Price 50 cents,
Foster-Milburn Co., Buffalo, New York,
sole agents for the United States.
Remember the name—Doan's—and
take no other.

DODGED THE ROUNDSMAN.

The Tired Policeman Cleverly Got
Himself Out of a Hole.

A police sergeant was going the
rounds when he saw a policeman,
whom he called Mullaney, go into an
undertaker's shop where there is gen-
erally a pinch game in the back
room. He knew there was no back
way out for Mullaney, so "rounds"
planted himself by the door and wait-
ed.

After a time he sent in word by one
of the men working in the shop that
he knew Mullaney was in there and
that he had better come back on post,
because the longer he waited the worse
the complaint against him would read.
There was much commotion in the
back room, and as there were a num-
ber of coffins being loaded into a wag-
on outside they put Mullaney in a cof-
fin and loaded him on the wagon.
Then they drove him down the street a
couple of blocks, and Mullaney climb-
ed out. He strolled back up to where
the sergeant was doggedly watching the
door and saluted.

"Hello, rounds! Pleasant evening,
isn't it?" he said. And the sergeant
stared for a moment and then stamped
away too mad to speak.—New York
Sun.

An Iconoclast.

"All over Europe my wife made en-
emies by boldly doubting cherished tra-
ditions," said the traveler, "but her
skepticism respecting Alfred the Great
embroidered her in the most serious dif-
ficulty. An old gentleman who sat with
thin, blue fingers spread above the
feeble blaze from which my wife, red
nosed and shivering, endeavored to
extract a little warmth, expatiated on
the cake burning episode. Said my
wife abruptly: 'Don't tell me that old
fairy again, please. I don't believe a
word of it.'"

"Why not?" he demanded.
"Because," said she, "there never
was a fire in England hot enough to
bake cakes."

"Her retort did for the old gen-
tleman what the fire had failed to do—
it made him hot—but, even so, he
never forgave her."—New York Press.

Queer Looking Worms.

New Zealand, Australia, the Samoan
and the Solomon Islands, as well as
portions of the Hawaiian group, are
the home of various species of worms
with thick, heavy bodies and with a
well defined neck connecting the body
with a head that is a startling remind-
er of that of the monkey. In the Sand-
wich Islands they are called "me-ta-lu-
ki," which means "creeper with a
child's head." An old New Zealand leg-
end says that at one time they were
of immense proportions and threatened
the extinction of all human life on the
islands.

Principles of Action.

There are five good principles of ac-
tion to be adopted—to benefit others
without being lavish, to encourage la-
bor without being harsh, to add to
your resources without being covetous,
to be dignified without being super-
cilious and to inspire awe without be-
ing austere.—Confucius.

Just the Other Way.

"Understand you have just done Eu-
rope?"
"Then you misunderstand."
"Haven't you just returned from
abroad?"
"Yes, but I didn't do; I was done."—
Houston Post.

A Guaranteed Cure For Piles.

Itching, Blind, Bleeding, Protruding
Piles. Druggists are authorized to re-
fund money if PASEO OINTMENT
fails to cure in 14 days.

Evidence of Heredity.

"They have actually eaten themselves
out of house and home."
"Heredity. The parents of all man-
kind did the same thing if you will re-
member the circumstances of the gar-
den."—Browning's Magazine.

Dr. Fahrney's Teething Syrup con-
forms to the Pure Food and Drug Law
each bottle guaranteed. Sample free

Kind to Father.

Dorothy (affectionately)—Father, you
wouldn't like me to leave you, would
you? Father (fondly)—Indeed I would
not, my darling! Dorothy—Then I'll
marry Mr. Lumley. He is willing to
live here!

Fables don't mind cold or take cold
kept well with Dr. Fahrney's Teeth-
ing Syrup. Get it anywhere. Sample
free.

R. S. BRUCE, President.
WM. R. KENNEDY, Vice-President.

TELEPHONE 75

T. S. BURWELL, Treasurer
E. S. SHIELDS, Secretary.

Rockbridge Realty Corporation

OFFICE: FIRST NATIONAL BANK BUILDING, MAIN ST.

LEXINGTON

VIRGINIA

Desirable Farms and Town Property for sale. Located in Lexington,
Va., Rockbridge and other Counties.

HISTORIC LEXINGTON: A center of education and culture, seat of Washington and Lee University and the Virginia Military Institute. The one enjoys the unique distinction of having been endowed by George Washington and administered by Robert E. Lee; the other, often called the "West Point of the South," is rich in the memories of "Stonewall" Jackson. Excellent High School, four strong Banks, five white and two colored Churches, two Railroads, a population of 4,000, including nearly 1,000 young men at the two institutions. Nearly 1,200 feet above sea-level, healthful and invigorating climate, average summer temperature 72 degrees, low cost of living, on the National Highway from New York to Atlanta.

ROCKBRIDGE COUNTY: Situated in a picturesque valley between the Alleghany and Blue Ridge Mountains, being a portion of the famed Shenandoah Valley of Virginia, and about one hundred and fifty miles from Washington City. Good farming lands, stock raising, blue grass, fine fruit, excellent springs. Thrifty people, flourishing schools, numerous churches, good roads, equable climate, attractive summer resorts, including Natural Bridge, Rockbridge Alum Springs, Gostlen Pass, Rockbridge Baths and Wilson's Springs.

All properties listed with us are widely advertised without cost to owner, whether we make sale or not.

We are in touch with leading Real Estate firms in all parts of the State, and if we haven't what you desire, write to us and we will supply your wants.

50 Farms \$850 to 20,000
30 Residences \$500 to \$10,000
40 Lots \$110 to \$1,600

Business Properties, Stocks of Merchandise, Tim-
ber Tracts, Flouring Mills, Bearing Orchards

LOYALTY TO TRUTH.

The truth which in our calm and
sober hours we have accepted we
ought not to let go because in hours
of trial and darkness we cannot see
it. Cling to it still and you will see
it again by and by. There is such
a thing as loyalty to truth, which is
noble. It is good to trust in God,
in goodness, in eternal right, in the
triumph of truth over evil, when we
do not see how or understand why.
—James Freeman Clarke.

A Long Range Shooter.

A local young man who is going
to spend part of the winter in the south
and who expects to do some shooting
while there went into a hardware
store one day last week to buy a gun.
"I am going after big game," he
told the salesman, "wildcats, deer and
bear."

"Then you want a good gun," said
the clerk, "and I have just the thing.
Here's one that we will guarantee to
kill a bear at three miles."

Taking the gun in his hands and
turning it over and over in a gingerly
manner, the young man stammered:
"B-b-but isn't three miles pretty
close to get to a bear?"—Youngstown
Telegram.

Stonehenge.

Stonehenge, like "Hamlet," remains
a mystery so far as its actual builders
are concerned or the actual purpose
for which it was erected. The famous
stones that stand on Salisbury plains,
in England, are the remnants of some
sort of structure supposed to have
been built about the year 440 or 450 in
memory of the Britons who were mur-
dered by Hengist the Saxon. They
are probably the remains of a Druid
temple or inclosure. About the Druids
we know very little except that they
were the priests of the Celtic peoples
of Great Britain and France in the
early pre-Roman times.—New York
American.

A Reliable Remedy
FOR
CATARRH

Ely's Cream Balm

Is quickly absorbed.
Gives Relief at Once.
It cleanses, soothes,
heals and protects the
diseased mem-
brane resulting from Catarrh and drives
away a Cold in the Head quickly. Restores
the Senses of Taste and Smell. Full size
30 cts., at Druggists or by mail. Liquid
Cream Balm for use in atomizers 75 cts.
Ely Brothers, 56 Warren Street, New York.



Primitive Man and Exercise.

Exercise in primitive times was the
price of life. It was only after we had
learned to live by our wits and exercise
became a luxury that it began to
run into fads. If primitive man neg-
lected his al fresco Deistartean exer-
cises and let his muscles soften he sim-
ply provided a tender tidbit for some
of his confreres, carnivore or cannibal.
It was a case of eat or be eaten, and
his motto was, "Do it first." The gor-
geous possibilities of power through
repose had not yet dawned on him.
In those days man didn't exercise. He
just "humped." He had to.—From
"Exercise and Health," by Woods
Hutchinson.

Reflecting Lighthouses' Origin.

Accident, not necessity, was the pa-
rent of the invention of reflecting light-
houses. During a meeting of a mathe-
matical society at Liverpool some
years ago one of the members laid a
wager that he could read a newspaper
paragraph at ten yards distance by
the light of a farthing candle. This
he succeeded in doing by covering the
inside of an earthen dish with putty
and sticking bits of looking glass on it
and then placing his reflector behind
the candle. Captain Hutchinson, a
dock master, was present, and from
this experiment gained the idea from
which he evolved the reflecting light-
house as built in Liverpool.

Taking Her Down.

"Mrs. Dash is no longer in our set,"
a woman once said at an afternoon tea.
"Yes, so I understand," said another
woman.

"Yes," went on the first woman with
a haughty sneer—"yes, she dropped
out some time ago."

"Is that so?" said the other. "I was
under the impression that she climbed
out."—Exchange.

The KITCHEN
CUPBOARD

WHEN COOKING CAULIFLOWER.
CAULIFLOWER lovers find their
favorite vegetable, like cab-
bages, now abundant. In select-
ing a cauliflower see that the leaves
are firm and green and the head per-
fectly white. When preparing the veg-
etable for cooking clean it by soaking
in salt water for an hour, every part
being covered. Some persons when
boiling cauliflower put it in a bag.

Cauliflower Soup.

Cauliflower soup is a dish unknown
in most households, yet there is no
reason why it should not be popular.
Boil the cauliflower in water or in
stock to which has been added an
onion stuck with four whole cloves, a
small red pepper, a sprig of parsley
and a tablespoonful of peppercorns.
Skim all the time the cauliflower is
boiling. When cooked remove the
cauliflower from the pot. Set aside a
cupful of the flowers, which should be
carefully broken off the cauliflower,
and mash the remainder, forcing it
through a coarse sieve. Strain the
liquid in which the cauliflower was
boiled.

Melt a tablespoonful of butter, stir
into it a tablespoonful of flour, then
combine this with the soup. Add
a pint of hot milk, a little grated
nutmeg, salt and pepper to taste, an
egg well beaten and the mashed cau-
liflower. Stir well and set on the fire
to heat. Add the unbroken flowers and
serve very hot.

Cauliflower and Cream.

Boiled cauliflower can be served
with cream or hollandaise sauce. It
may be covered with grated cheese
and cracker crumbs, with a dash of
melted butter, and baked. When cold
the cauliflower may be separated into
small pieces and served with mayon-
naise dressing.

A dainty luncheon dish may be pre-
pared as follows: Take a boiled cau-
liflower. Break off the flowerets and
place them in a cup.

Add to the boiled cauliflower three
tablespoonfuls of butter and allow
to simmer in a saucepan over the
fire for fifteen minutes. Add a half
cupful of oyster liquor, half a cupful
of cracker crumbs, salt and pepper to
taste, half a cupful of cream and a
pint of oysters. Add the oysters after
the liquid has boiled and remove from
the fire as soon as the edges curl.
Serve on toast or in crescents of puff
paste.

Anna Thompson

HIRED NEWSPAPERS.

A Custom in London in the Days When
Prices Were High.

A London newspaper, the Daily
News, has unearthed an interesting
document which goes back to the days
of dear newspapers, when these papers
were taken around to houses and hired
for so many hours at so much an hour.
Tucked away, it says, in the leaves of
an old guidebook to the Crystal Palace,
dated 1854, has been found a little
printed leaflet, issued from Westons's
library and newspaper office, 20 St.
George's place, Hyde Park Corner,
making the following announcement:

"Can be had from the office by 8
o'clock in the morning, to keep at 10
cents per copy, or lent to read for three
hours at 25 cents or two hours for 18
cents per week. It can also be sup-
plied at 5 o'clock in the afternoon at
the reduced price of 6 cents per copy
or posted into the country at 85 per
quarter, payable in advance."

In those days the Daily News had
been started only eight years under
the original editorship of Charles Dick-
ens and was still published at 10 cents
a copy. Its editor at the time was
William Weir, and Harriet Martineau,
perhaps the first woman in England to
undertake regular journalistic work,
was one of the writers of its leading
articles.

The system of hiring did not disap-
pear quickly. Certainly down to the
year 1880 there were many households
in which the Times was still left on
the same terms, and it would be dif-
ficult to say when the system finally
died out.—Christian Science Monitor.

A Draw.

"I found 50 cents this morning," con-
fided Jimmy.

"Found a whole half dollar?" cried
his mother. "How fine! What did you
do with it?"

"Pete Jones was along, so I gave him
half."

"Dear, generous boy! Did you do
that of your own accord?"

"Yes—well, we decided that
would be right."

"Jimmy! He didn't whip you and
make you give up half?"

"No, mamma. If he'd asked me he'd
'a' had it all. The scamp was a draw!"
—Cleveland Plain Dealer.

Cleaning Fluid.

An excellent household cleaning
fluid useful generally for many emer-
gencies is made by dissolving four
ounces of white castile soap in a quart
of boiling rainwater. When cool add
two ounces each of alcohol, ether and
glycerin, four ounces of ammonia and
finally one gallon of rainwater and
then bottle. This will remove grease
spots from clothing and spots from ta-
ble covers, carpets and rugs.

Economy is half the battle of life.
It is not so hard to earn money as to
spend it well.—Spurgeon.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the

Signature of J. C. Ayer & Co.

PARKER'S

HAIR BALM

Cures itching and keeps the hair

from falling out. Promotes a luxuriant growth.

Beware of cheap imitations.

Sold by all Druggists and Dealers.

Price 25 cents a bottle.

Made in the U.S.A.

Parker Brothers, New York.

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